



- What information would you like included in your newsletter? Send your ideas and comments to janetforsyth@hotmail.com
- The Club is always looking for your spare recyclable bottles. Either drop them off at **Riley's Recycling** (East Preston) and tell them it is to be put on the Orenda account or drop them off at the Club any afternoon throughout the week (after 4:00 p.m.)

Are you interested in fundraising?

Have some ideas, want to help out? If you have a project idea and would like to get more involved with the Club, we are looking for you! If you would like to be part of a fundraising committee, please contact Janet Forsyth @ 827-2548 or email janet_forsyth@hotmail.com

Check out our website

www.orendacanoecub.com

For news, results, photos and information about your club. Thanks to Michelle McCurdy and Webwave Multimedia for keeping us up to date! Check out the National and Atlantic Websites at:

CanoeKayakCanada
www.canoe kayak.ca

Atlantic Division
www.adckc.ca

3170 #7 Highway, Lake Echo NS (902)829-3433

SPRING REGISTRATION

...yes, the ice is melting!

Spring Registration

Orenda Canoe Club

Saturday, April 18th

1-3pm

New this year!

Family memberships and extended spring/summer training season.

The Family that paddles together...pays less!

ALSO...

ORENDA SPRING PRE TEEN DANCE

APRIL 18TH @ 6:30PM

Lake Echo Rec Centre

Dates to Remember:

April 2009

April 18	Spring Registration 1-3pm	Orenda
April 18	Orenda Pre Teen Dance 6:30 pm	Lake Echo Recreation Center
Apr 8	Florida Spring Training Athletes Return Home! Tickets for sale	
April	Mothers Day Gift Card Wreath (draw May 9 th)	

Paddling Updates

2009 ICF World Senior Canoe Championships

Remember the world is coming to Lake Banook!

August 12 to August 16

www.canoe09.ca

Orenda to coach & host World's Women Canoe Training Camp

Our head coach Corey Firth has been selected to coach this camp dedicated to women's canoe.

We will have the honor of hosting 50 young women from all over the world at our canoe club for a week leading up to the World Championships. Stay tuned for ways you can help make this a wonderful experience for all involved.

In other news...

- Orenda Canoe Club members are in the planning stages with the Lake Echo youth group to do a "beach sweep" the end of May.
- A BIG THANK YOU to our **HRM Councillor, Deputy Mayor David Hendsbee!** He responded on behalf of HRM to Orenda's plea for much needed funds by **donating \$5000.00 for a new safety boat and motor!**
- This is great news and a huge boost for our club as we start another busy paddling season!

MOTHERS DAY WREATH



PLEASE! We need you to drop off a gift card for our Mothers Day Wreath!

Tickets are available for sale

Call Lynn (829-2637) to book a time to sell tickets at local venues.

ORENDA'S EXECUTIVE 2009

Commodore:	Alvin Gardiner
Registrar	Katheleen Dalley
Vice-Commodore:	Les Mayo
Vice-Commodore:	Stephen McCurdy
Past Commodore:	Julien Comeau
Treasurer:	Donna Upham
Paddling Chair	Ian Firth
Public Relations:	Janet Forsyth

Secretary: Lynn Stienburg
Fund raising Committee

Janet Forsyth
Genny Orton
Debbie Mayo
Cherie Stredder
Sonya Hudgins
Corey Firth

STAFF

Head Coach:

Our executive is made up of busy parents, just like you. We want what you want... a vital club that promotes a healthy active lifestyle for our youth and a place where our committed, dedicated athletes can meet their potential.

We are blessed with a facility right in our community, a talented and dedicated head coach and an opportunity to grow and further enrich our communities.

Please help us achieve these worthy pursuits by volunteering. We need you on some developing committees for 2009:

Fund raising
Grounds & building maintenance
Equipment
Regatta volunteers
Grant proposals

Call Janet @827-2548