

# Orenda Canoe Club

powerful spirit



## CONTRACT OF UNDERSTANDING AND CLUB RULES

Orenda Canoe Club is a non-profit, volunteer-operated athletic facility for the youth and adults of the community of Lake Echo and the surrounding areas. The following rules and contract of understanding are required to ensure the safe and organized running of the Club.

### General Club Rules

*The intentions of the following rules are to ensure that athletes may enjoy the programs and have a safe and pleasant environment in which to participate. Your cooperation is appreciated.*

1. Atom age and younger paddlers **MUST** wear a life jacket at all times when on the water.  
Parents must provide these.
2. Peewee and Bantam age paddlers **MUST** wear a life belt or life jacket at all times when on the water.  
Parents must provide these.
3. All Midget level and older paddlers **MUST** carry a life jacket, provided by themselves, in their boat when on the water regardless of whether a coach is present or not.  
In multi person boats, a life jacket will be carried for each paddler.
4. Coaches are the paddling authorities at the Club and all athletes, regardless of age, are expected to take direction from them and obey their instructions, both on and off the water.
5. Coaches are only responsible for supervision of paddlers when they are on the Club premises during scheduled programs. They are not responsible for paddlers at any other time, or if the paddler leaves the premises.
6. The Club requires all paddlers to maintain respect for the Coaches and Staff, and for each other. Unpleasant behavior and swearing will result in disciplinary action ranging from parent notification to dismissal from the Club with no refunding of fees.
7. Willful damage, destruction or theft of Club equipment or property will result in immediate expulsion and permanent dismissal from the Club with no refunding of fees. The guardian/parent of the paddler is responsible for the repair/ replacement/return of the equipment or property.
8. The Club is not responsible in any manner for personal articles brought to, or left at, the Club.  
**DO NOT BRING ITEMS OF VALUE TO THE CLUB.**

9. In the interest of safety, there will be NO running or pushing on the docks or in the Clubhouse.
10. Each paddler is solely responsible for putting away his/her own equipment after use.
11. Littering is unsafe causing personal injury and equipment damage. Each paddler is responsible for picking up garbage and recyclables on the docks and in the Club after each practice period, and placing them in the supplied containers as directed by their Coach. Five minutes at the end of each practice will be used for this.

I, the undersigned, acknowledge the potential risks and hazards inherent in water sports and agree to indemnify and save harmless Orenda Canoe Club, its employees and agents, in respect to any and all claims, including, without limiting the generality of the foregoing, all claims for bodily injury and harm or property loss or damage arising out of, or in any way relating to, the use and handling of equipment supplied by Orenda.

Paddler's name \_\_\_\_\_

Parent or Guardian's signature \_\_\_\_\_

Date \_\_\_\_\_